

WORKSHOPS



IDENTITY 101

Are you trying to “get with the times” and understand the basics of gender, sexuality, identity, and pronouns? This workshop is for you and is a great way to bring this information to your workplace, your friends, your book club, or anyone. Participants will be provided with the information they need to at least begin understanding the basics of these concepts. This program is designed to meet you where you are, in a non-judgmental environment. Workshop will end in a Q&A opportunity.

SEX TOYS 101

In this workshop, participants will first get a quick review of pleasure-related anatomy, followed by an introduction to the many types of pleasure aids (ex: sex toys, lubricant) available on the market. Participants will also learn how to select the right pleasure aid for them and how to care for their pleasure aids. Workshop will end in a Q&A opportunity and discount codes to multiple pleasure aid retailers.

SEX ED SVU: SEX. VALUES. & U

During this workshop, participants will begin reflecting on society's values, and their own, concerning sexuality while evaluating where they come from. Then, participants will learn about what it means to be sex-positive and be given tools to understand how they can change narratives surrounding sexuality.

INCLUSIVITY IN THE WORKPLACE

In this workshop, your staff will learn about how your company will benefit from practicing inclusion and why it matters. Participants will be introduced to the role of pronouns and gender in language and then will be given specific examples and professional best practices for the office.

VIRGINITY

In this workshop, participants will discuss and learn about the concept of virginity as well as think critically about their own assumptions and beliefs around virginity. By the end of the workshop, participants will be able to identify social constructs pertaining to sex.

PLEASURE 101

In this workshop, participants will understand that all of their senses contribute to arousal and will be able to identify at least one method they can employ to engage each sense in their pleasure practice. By the end of this workshop, participants will have been exposed/introduced to a variety of pleasure aids and will know where/how to access them. Workshop will end in a Q&A opportunity and discount codes to multiple pleasure aid retailers.

S&M: SEX AND MORALITY

In this workshop, participants will see diverse perspectives and think critically about the subjectivity of sex and morality as well as identify social constructs pertaining to sex.

